



POST OPERATIVE GUIDELINES: BREAST BIOPSY

If you have any questions regarding your surgery, please do not hesitate to ask us.

1. Avoid any vigorous activity for the remainder of the day of your procedure. You may return to normal activity, the next morning.
2. You may notice a large bulky dressing covering the surgical site. Keep this in place for the next 24 hours. You may have glue or paper tapes (steri-strips) over top of your incisions. Do not peel these off. They will loosen and come off on their own...typically, within 10 days. If they are still on by the time of your post-op appointment in our office, we will remove them. A light dressing or band-aid may be applied over this area if you prefer.
3. Following a breast biopsy, many women find it more comfortable to, initially, wear a bra 24 hours a day for support to the area. This is a personal preference unless your surgeon has advised differently.
4. Following a needle directed biopsy, **do not be alarmed if your urine has a blue color** to it. This is your body's way of eliminating the dye which was injected during the localization procedure, which serves as a guide for the doctor.
5. We prefer that you keep your incision dry for the next 24 hours. After this, you may shower or tub bathe, as long as you do not soak too long.
6. The majority of your pain should be manageable with over the counter medications. Unless instructed otherwise, use the following pain medication
 - 1 pill of Aleve every 12 hours
 - 2 pills of Tylenol every 6 hours
 - A prescription MAY have also been provided to you. Not all patients will need a prescription. If you feel the Tylenol/Aleve mentioned above is not adequately controlling your pain, you may ADD the prescription medication to the Tylenol/Aleve. Because of its side effects, avoid using the prescription medication unless you feel you truly need it.
7. If a problem should arise once you are at home, please call **(586) 228-0550**. One of our physicians is "on call" 24 hours a day. We will get back to you as soon as possible. We are happy to answer any questions that you may have.
8. After we receive your pathology report, our **Clinical Staff** will call you to arrange your post operative follow up visit. This generally occurs within 48 hours of surgery, except on holidays and weekends.
9. **CALL YOUR SURGEON IF ANY OF THE FOLLOWING SHOULD OCCUR:**
 - * If you notice any increase in redness, swelling, or drainage.
 - * If you develop a fever of 101 degrees or higher, or the area feels warm to touch.
 - * If you begin to experience increased pain in the area, not eased with pain medication.

Please know that our main goal is to provide you with the best surgical care possible. If we may be of assistance during your post-operative course, please contact our office.